

A Closer Look at Chronic Lymphocytic Leukemia

Chronic lymphocytic leukemia (CLL) is a slow-growing form of blood cancer in which the bone marrow makes too many lymphocytes, a type of white blood cell.¹ For many affected by a diagnosis of CLL, it can be a life of unknowns. In fact, while physical effects are known, the emotional impact of a CLL diagnosis has not been widely discussed.



Sparking New Conversations on the Emotional Impact of a CLL Diagnosis

AbbVie is committed to the patients we serve. To learn more about the full impact of CLL, AbbVie launched the Emotional Impact Report, which polled CLL patients, caregivers, and healthcare providers (HCPs). The survey findings shed new light into the mental and emotional realities of CLL.

For patients who were newly diagnosed and/or told by their HCP to watch and wait, **many may feel hopeful (41%)** and **optimistic (36%)**, expressing they are looking forward to the future success of their treatment and their long-term prognosis.²

71% of HCPs said they are likely to discuss the emotional impact of CLL with their patients. Specifically, **90% recognize that a patient's emotional well-being** has an impact on their treatment plan.²

Among caregivers, **most (81%) feel positively** about caring for someone with CLL and feel it is their duty to help their loved one. Yet, **nearly three in four** state that being a caregiver is more difficult than expected.²

About The Emotional Impact Report

The Emotional Impact Report was a self-administered online survey consisting of 31-35 questions. It was a nationally representative sample of 313 adults (ages 18 and older) in the US.

The patient group consisted of individuals (111) who represent various stages of the disease journey (i.e., newly diagnosed, first line, in disease remission and relapsed).

The caregiver group (100) was recruited based on their relationship with CLL patients (i.e., family/friends rather than paid caregivers) and represent caregivers of patients at various disease journey stages.

The physician group (102) consisted of board-certified hematologic oncologists, hematologists, medical oncologists who meet the following criteria: treated at least five CLL patients past 12 months; come from a mix of academic and community settings.

The online survey was sponsored by AbbVie and developed in consultation with C Space. All surveys were completed between March 11, 2022, and April 7, 2022.

This online survey is not based on a probability sample and therefore no estimate of theoretical sampling error can be calculated.

For more information, please visit <https://news.abbvie.com/presskits/emotional-impact-report-press-kit.htm>.

1. American Cancer Society. Leukemia – Chronic Lymphocytic Leukemia. <https://www.cancer.org/cancer/chronic-lymphocytic-leukemia/about/what-is-cll.html>. Accessed June 2022.

2. AbbVie. (2022). Emotional Impact of CLL Patient, Caregiver and HCP Survey. Data on file.